



The Inka Medicine Wheel

A Shaman training for the modern world

You are invited to a magical healing journey around the four directions in the Medicine Wheel. It is a life changing experience of illumination!

Welcome to heal your life, grow spiritually, and become a person who actively dreams a more beautiful world into being. Through ancient wisdom teachings and shamanic healing ceremonies you remember yourself anew, remember your soul-mission and the power of living from the heart.

In this Andean Shaman training you build your altar of Medicine stones, your mesa, through the healing ceremonies in the Medicine Wheel. It becomes your personal sacred space, your mirror of life, your source of power in healing and active dreaming in the level of the sacred.

The training also includes shamanic initiations as an important energetic medicine that assists healing and spiritual development. They are gifted in each direction to raise frequency in the energy body. When receiving initiations, the healing journey accelerates, support spiritual growth, and give renewed energy to move forward with a new sense of soul-nourishment, power and light.

Why a Shaman training?

A shaman is a person who lives with one foot in each world, physical-spiritual or worlds of energy and matter. The shaman has knowledge of how to communicate with energy, or life force, to create healing and visions into physical manifestation. It is this valuable life skill you learn and personally develop through the Medicine Wheel. It makes your soul shine!

Who is this shaman training for? It is for you who want to heal your wounded stories, develop spiritually, and experience more magic in your life. The shaman path is a conscious upgrade in how you live, lead, and create from a place of peaceful wholeness in yourself. Is this what your soul is longing for? Then welcome to empower your growth and dreams!



Words from your Teacher

I have a great dream and a soul mission to contribute to a more conscious and peaceful world, a world where our spiritual and physical dimension go hand in hand and in balance with the wisdom of nature.

That's why I work with spiritual development and education in shamanic energy medicine that I know makes an amazing difference personally and globally.

Shamans from countries around the world have different ceremonies to express the sacred. What they do have in common, is the big love for our beautiful planet Mother Earth and all living beings. As we heal ourselves, we also understand more clearly our purpose here on Earth.

For me, the Medicine Wheel was a profoundly transformative force that changed my entire life to living my Destiny. The shamanic life path is still, after 20 years, my guide of inspiration and magic in the everyday reality. It is the most beautiful gift I have given my life, to heal my soul and develop the power of love for myself and all my relationships.

I invite you for a healing journey beyond your thoughts. Come explore more of who you are as a healer, spiritual warrior, shaman, and visionary in this sacred wheel of wisdom.

We begin our days with morning meditation at 7:30. Then a lovely breakfast buffet before class that starts 9:15 with shamanic teachings of the day. Break for lunch and for coffee/tea in the afternoon. We end class before dinner at 19:00 so you have free time to enjoy Hotel Beau-Site and connect with like-minded people.

I look forward to meeting you there ♡

March 27th-30th 2025 Class 1 South direction The Healer - What story are you living?

In this first step you learn the foundational principles in Shamanic Energy Medicine. We look at what story you are living and how you construct your life based on past experiences. This work process includes the whole container of how you hold yourself in the physical world. This brings awareness to what need to be shifted in the energetic to transform how you create reality.

The South direction is about the archetype of the power animal Serpent. You learn to shed the past like she sheds her own skin by leaving the old stories behind that no longer serve your growth. You dive deep into your personal healing, learning that life is movement, renewal, and rejuvenation. In this process you start to create your own altar of Medicine stones which becomes your sacred space of dreams and visions.

South class includes four Andean initiations to strengthen your energy with the elements of nature, open your intuitive vision, get into an energetically close relationship with the shaman's archetypes, and through ceremony create your altar of healing stones.

July 17th-20th 2025 Class 2 West direction The Spiritual Warrior - Walking in balance on the power path.

This direction is about doing your shadow work, letting go and change your relationship to how you hold life and death in energy. Here you work and heal your basic ancestral and karmic structures that holds you in the past or in disempowerment. You learn how to shift engagement with yourself and the world by shifting your perception of what you see and experience, which is a powerful shaman tool for positive change.

Through teachings, meditation and practical processes the West direction focuses on finding balance in all areas of life. You learn that true power is internal and radiate in all your actions, in your presence, in your way of walking in the world. The archetype of the West is Jaguar. Like her you learn how to walk with grace and a high level of integrity, with no need of enemies anywhere, living and leading with Munay, the power of love and compassion. The initiation in the West direction is Pampa Mesa Yok- The medicine woman/man who works with Mother Earth's healing power and nature's cycles of wisdom.

October 20th – 23rd 2025 Class 3 North direction

The Wisdomkeeper - Living in Yes to life!

Here you take a big step up into the mystery teachings of the Inka medicine tradition. The North is the home of the master, the sage, the wisdomkeeper. This direction is about surrender to the unknown and still work it outside ego investments. Here you learn how to flow with effortless action within time with synchronicity as fuel, how to track new possibilities, shapeshift your consciousness and release limiting thought patterns that stops you from fully living your souls-dream.

The archetype of the North direction is the Hummingbird, the one who responds to a call from within, courageously saying Yes to life by embarking upon a journey beyond what she already knows. Accessing this knowledge opens your ability to navigate towards living your unique gift of destiny.

The initiation in the North is Alto Mesa Yok- The Shaman who communicates directly with mystical wisdom outside the ordinary sense of time and space.

January 8-11th 2026 Class 4 East direction

The Visionary - See the world into being.

In this direction you learn the powerful steps of creating your world as well as the importance of becoming aware about your projections and limiting beliefs around reality. This is the sacred work of the Visionary. You learn how to create, or dream in inka terms, your world into being, becoming conscious about the ripples this creates as it manifests in the material world.

The Archetype of the East is the Eagle/Condor that connects you to Spirit and your own clear vision. Through the teachings and ceremonies, you will naturally be drawn into a deeper alignment with your intuition and eyes of heart, which serves your focus on what really matters to you from a spiritual perspective.

The call of the Eagle/condor is to spread your own wings and envision your greatest dreams. The initiation in the East is Kurak Akullek, the medicine man/woman who draws power and information from the stars.

Logistics and registration information

Dates 2025/26 March 27th-30th, July 17th-20th, Oct 20-23rd, and January 8-11th

Time First day we start at 5 pm and last day we close our circle at 4 pm.

Special Medicine Wheel offer CHF 2800 + accommodation at Hotel Beau-Site. Reserve your place for the 4 courses and benefit from a CHF 120 discount + receive an extra value of CHF 150 with a traditional hand-woven shaman textile from Peru to hold your medicine stones.

Or fee per class CHF 730 + your choice of accommodation at Hotel Beau-Site.

Note: The course fee can also be paid in € with the same amount.

The course price includes In-depth material to practice based on each direction of the Medicine Wheel that strengthens the relationship with mysticism and your knowledge of Shamanic Energy Medicine. You also receive written material on processes and ceremonies so you can continue your personal journey of spiritual growth and healing.

Book your space by paying the special offer of CHF 2800 or pay CHF 730 for South class, and the rest of the classes you pay 1 month before their start date. See all dates above on each class presentation.

Bank transfer details to book your space

IBAN nr SE188000 0832 7988 4144 6027

BIC: SWEDSESS

Bank adress: Swedbank AB Box 70274 107 22 Stockholm, SWEDEN

Personal adress: Aiyana Mantel Lillskogsvändan 12, 139 54 VÄRMDÖ SWEDEN

Location Hôtel Beau-Site à Chemin, Martigny. Switzerland.

<https://www.chemin.ch/>

Prices for 3 nights full board with 100% plant-based and made with organic, seasonal, and as local products as possible.

CHF 401.- per person in a 3 or 4-bed multiple room (+ taxes of CHF 2.00/night)

CHF 467.- per person in a double room (+ tourist taxes of CHF 2.- /night)

CHF 573.- per person in a single room (+ tourist axes of CHF 2.- /night)

Full board includes overnight stay, breakfast, lunch, dinner, tea/tea/coffee buffet and unlimited fruit during the day. Rooms are payed cash upon arrival.

For bookings of rooms and French speaking please contact Marlene Galletti, assistant and translator for the classes in Switzerland.

marlene.galletti@bluewin.ch +41 79 771 41 03

For booking and questions on the Shaman training please send an e-mail to aiyana@shamanhealer.org or call +46 733 39 23 19.

When you have registered for the training, you will receive information of what to bring with you to your first class in the Inka Medicine Wheel.

Welcome to the Shaman world of power and light!

With Love

Aiyana and Marlene



The textile is a weaving image of the Condor who sees upon the world with the eyes of the heart. This is what the journey of the Medicine Wheel teaches, that through our hearts we heal ourselves and the planet. ❤️